

PIZZA PASTA
BAR
Marina
Lunga
CUCINA

367 DARLING ST BALMAIN

PH: 02 9810 0292

Open 7 Nights 5:30pm – till late

WWW.MARINALUNGA.COM.AU



marina_lunga

antipasti

GARLIC OR HERB BREAD / 5

GARLIC OR HERB PIZZA / 12
+ mozzarella / 2

SICILIAN OLIVES / 6

BRUSCHETTA / 12
Tomatoes, basil, Spanish onion on wood fired
ciabatta

GARLIC PRAWNS / 21
Prawn cutlets, garlic, napoli sauce

TRADITIONAL SICILIAN MEATBALLS / 16
House made beef meatballs, Napoli sauce, &
mozzarella topped with parmesan (5)

CAPRESE CALZONE / 14
Mini calzone filled with mozzarella, basil pesto &
cherry tomato (3)

CHILLI MUSSELS / 23
Fresh black mussels, Napoli sauce, white wine,
garlic & chilli

SALUMI PLATE / 17
Prosciutto, del a nonna salami, bocconcini, grana
Padano, sicilian olives, grilled ciabatta

insalata

ITALIAN SALAD / 13.5
Mixed lettuce, cherry tomato, cucumber, Spanish onion,
capsicum, olives, oregano, balsamic

ROCKET SALAD / 14.5
Rocket, parmesan, walnuts, balsamic

INSALATA POMODORO / 16.5
Tomatoes, Spanish onion, olives, feta, basil

INSALATA MARINA LUNGA / 19.5
Rocket, honey walnuts, parmesan, prosciutto, pear,
roasted tomatoes, balsamic

PESTO CHICKEN SALAD / 18.5
Mixed lettuce, cherry tomato, sliced cucumber, Spanish
onion, olives, capsicum, grilled pesto chicken & feta

GRILLED PRAWN SALAD / 22
Mixed lettuce, spanish onion, sicilian olives, asparagus,
cherry tomato & grilled garlic prawns

...bambini menu...

Spaghetti Bolognese 12.5
Penne Napolitana 11
Ravioli Bolognese 13
Gnocchi Pesto 13
Margherita pizza 12.5
Ham Pizza 12.5
Ham & Pineapple pizza 12.5

Kids juice 2.5

Take a look at our range of
pure gelato

pasta

.....
GLUTEN FREE
penne
AVAILABLE +2
.....

PENNE NAPOLITANA / 19

Home made tomato sugo

PENNE SICILIANA / 20

Grilled eggplant, Napolitana sauce

PENNE AL POLLO / 22.5

Chicken, mushroom, sundried tomato, rose sauce

PENNE SALMONE / 22.5

Smoked salmon, asparagus, brandy cream

PENNE ARRABIATA / 21

Smoked bacon, chilli, Napolitana sauce

SPAGHETTI BOLOGNESE / 21

Traditional meat ragu

SPAGHETTI CARBONARA / 22

Smoked bacon, parmesan cream, egg

SPAGHETTI MARINARA / 26

Fresh seafood, garlic Napolitana sauce

SPAGHETTI CHILLI MUSSELS / 23

Fresh black mussels, chilli, Napolitana sauce

FETTUCCINE BOSCAIOLA / 21

Ham, mushroom, parmesan cream

FETTUCCINE VEGETARIANA / 21

Field vegetables, napolitana sauce

FETTUCCINE CHILLI PRAWN / 24

Prawn cutlets, garlic, chilli, Napolitana sauce

RAVIOLI BOLOGNESE / 23

Beef filled ravioli, traditional meat ragu

RISOTTO MARINARA / 26

Fresh seafood, garlic Napolitana sauce

RISOTTO POLLO E FUNGHI / 24

Chicken, mushroom, aborio rice, parmesan cream

gnocchi

GNOCCHI AL PESTO / 22

House made potato dumplings, basil pesto, parmesan

GNOCCHI SORRENTINA / 24.5

Smoked bacon, mushroom, cherry tomato, Napolitana sauce, topped with mozzarella & baked in the wood fire

baked

WOOD FIRED LASAGNE / 23

Traditional meat ragu, layered pasta bechemel

SPINACH & RICOTTA CANELONNI / 24

Ricotta, spinach, parmesan rolled in pasta topped with Napolitana sauce & mozzarella

vitello e' pollo

.....
CHOOSE BETWEEN GRILLED CHICKEN OR SEARED VEAL
.....
YOUR CHOICE OF ITALIAN SALAD OR SEASONAL VEGETABLES
.....

PIZZIAOLA / 26.5

Black olives, oregano, Napoli sauce

AVOCADO / 27.5

Avocado slices, brandy cream sauce

PARMIAGIANNA / 29.5

Layered eggplant & mozzarella, Napoli sauce

SALTIMBOCCA / 29.5

Layered smoked ham & mozzarella, Napoli sauce

AL LIMONE / 26.5

Fresh lemon, white wine, garlic & parsley

FRUTTI DI MARE / 34

Black mussels, fish, prawns, calamari, brandy cream sauce

MARSALA / 27.5

Mushroom, marsala, cream sauce

BOSCAIOLA / 27.5

Mushroom, ham, garlic cream sauce

CACCIATORE / 27.5

Mushroom, white wine, Napoli sauce

Traditional pizza

REGULAR 11" / 20 LARGE 13" / 22

PEPPERONI

Napoli sauce, spicy pepperoni, mozzarella

HAM & PINEAPPLE

Napoli sauce, smoked ham, pineapple, mozzarella

MARGHERITA

Napoli sauce, mozzarella, oregano

NAPOLITANA

Napoli sauce, anchovies, olives, mozzarella

HAM & MUSHROOM

Napoli sauce, mushroom, smoked ham, mozzarella

VEGETARIAN

Napoli sauce, mushroom, olives, onion, capsicum, pineapple, mozzarella

Gourmet pizza

REGULAR 11" / 22 LARGE 13" / 24

MARINA LUNGA SPECIAL

Napoli sauce, ham, chorizo, olives, mushroom, onion, capsicum, pineapple, mozzarella

MEXICANA

Napoli sauce, pepperoni, capsicum, onion, chilli, mozzarella

4 SEASONS

Napoli sauce, smoked ham, capsicum, mushroom, prawns, mozzarella

CARNE

Napoli sauce, pepperoni, ham, smoked bacon, chorizo, mozzarella

CAPRICIOSA

Napoli sauce, smoked ham, mushroom, olives, anchovies, mozzarella

NO # 1

Napoli sauce, grilled chicken, capsicum, sundried tomato, mozzarella

NO # 2

Napoli sauce, smoked salmon, artichoke, Spanish onion, mozzarella

NO # 3

Napoli sauce, sundried tomato, eggplant, artichoke, capsicum, onion, asparagus, mozzarella

NO#4

Napoli sauce, smoked bacon, bocconcini, basil, peas, mozzarella

MARINARA

Napoli sauce, smoked salmon, prawns, anchovies, mozzarella

BBQ POLLO

Bbq sauce base, grilled chicken, mushroom, onion, mozzarella

MEDITERRANEAN

Napoli sauce, chorizo, olives, feta, oregano, mozzarella & fresh rocket

GAMBERONI

Garlic marinated prawns, baby spinach, Spanish onion & mozzarella

QUATTRO FORMAGGI

Napoli sauce, mozzarella, parmesan, bocconcini, provolone cheese

POLLO ITALIANO

Napoli sauce, garlic chicken, capsicum, cherry tomato, olives, mozzarella & fresh rocket

DI PATATE

Garlic butter, roast potato, provolone, mozzarella, rosemary

PROSCIUTTO

Napoli sauce, cherry tomato, rocket, mozzarella, prosciutto, shaved parmesan

GLUTEN FREE
pizza base
regular size + 4

HALF & HALF ON LARGE + 2
PIZZA ADDITIONS
VEG + 1, MEAT + 2, CHEESE + 2, SEAFOOD + 3