



*illawarra rd* **MARRICKVILLE**

*darling street* **BALMAIN**

**Balmain's original Woodfired Pizzeria for over 30 years**

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# marina lunga

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## bread

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<b>GARLIC OR HERB BREAD</b>	7.50
House baked panini, garlic or herb butter	
<b>GARLIC &amp; MOZZARELLA PIZZA</b>	19.00
Traditional sicilian pizza dough, garlic butter, mozzarella	
<b>HERB &amp; MOZZARELLA PIZZA</b>	19.00
Traditional sicilian pizza dough, herb butter, mozzarella	
<b>BRUSCHETTA POMODORO</b>	15.00
Tomato, spanish onion, basil, garlic	
<b>BRUSCHETTA PROSCIUTTO</b>	17.00
Basil pesto, prosciutto, grana padano, rocket	

## insalata

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<b>ITALIANO SALAD</b>	17.50
Mixed lettuce, tomato, cucumber, black olives, capsicum, spanish onion, oregano, balsamic	
<b>ROCKET SALAD</b>	18.50
Rocket, pear, walnut, grana padano, balsamic	
<b>MARINA LUNGA SALAD</b>	24.00
Rocket, roasted tomato, pear, honey walnut, prosciutto, grana padano, balsamic	
<b>PESTO CHICKEN SALAD</b>	24.00
Mixed lettuce, tomato, cucumber, black olives, capsicum, spanish onion, pesto chicken, feta, balsamic	
<b>GRILLED PRAWN SALAD</b>	28.00
Mixed lettuce, cherry tomato, spanish onion, black olives, asparagus, grilled garlic prawns	
<b>POMODORRO SALAD</b>	19.50
Mixed tomatoes, olives, spanish onion, feta, basil & italian herb vinaigrette	

## antipasti

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<b>CAPRESE CALZONE (3)</b>	17.50
Mini calzone filled with basil pesto, cherry tomato, mozzarella	
<b>OLIVE MISTO</b>	9.00
Whole olives, herbs, lemon, garlic	
<b>SALUMI</b>	22.00
Sopressa della nonna, prosciutto, grana padano, basil pesto, house bread	
<b>GAMBERI AGLIO</b>	25.00
Seared garlic prawns, napoletana sauce, ciabatta	
<b>COZZE NAPOLETANA</b>	28.00
Kinkawooka black mussels, chilli, garlic, napoletana sauce, ciabatta	

## bambini under 12

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<b>BAMBINI PASTA</b>	14	
<b>CHOOSE: SPAGHETTI / FETTUCCINE / PENNE</b>		
Bolognese		
Napoletana		
Boscaiola		
Pesto		
Olive oil		8
<b>BAMBINI PIZZA <small>9 inch</small></b>	14	
Margherita		
Ham		
Ham & Pineapple		
Ham & olive		
<b>BAMBINI BEVERAGE</b>	3	
Apple / Orange / Apple & Blackcurrent Juice		

ADDED INGREDIENTS: VEGETABLES + 3 / CHEESE + 4 / MEAT + 5 / ANCHOVY + 3 / PRAWNS + 6

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*please notify your waiter of any allergies*  
celebration cakes welcome - cakeage \$1.50 pp

# marina lunga **plant based menu**

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## **vegan antipasti**

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**GARLIC BERAD** 7.50

House baked panini, vegan garlic butter

**GARLIC PIZZA** 15.00

House pizza dough base , vegan garlic butter

**VENICI CALZONE (3)** 17.50

Mini calzone filled with basil pesto, cherry tomato, vegan mozzarella

**SICILIAN CAPONATA** 19.00

Saut'eed eggplant, mushroom, cherry tomato, capsicum, napoletana sauce, pine nuts, ciabatta

**BRUSCHETTA POMODORRO** 15.00

Tomato, spanish onion, basil, garlic, balsamic glaze

**OLIVE MISTO** 9.00

Whole olives, herbs, lemon, garlic

**MILANO SALAD** 17.00

Rocket, pear, walnut, balsamic

**ITALIANO SALAD** 16.50

Mixed lettuce, tomato, cucumber, black olives, capsicum, spanish onion, oregano, balsamic

**ROMA SALAD** 19.00

Rocket, asparagus, sundried tomato, black olives, basil pesto, pine nuts, balsamic

## **vegan pasta**

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**LINGUINE FUNGHI** 26.00

Field mushroom, baby spinach, cherry tomato, chilli, garlic, herbs & walnuts + evo

**GNOCCHI POMODORRO** 29.00

House, gluten free & vegan potato gnocchi, cherry tomato, herbs, napoletana sauce

**RISOTTO PIANTE** 28.00

Grilled eggplant, mushroom, cherry tomato, asparagus, baby spinach, napoletana sauce

**GNOCCHI BASILICO** 29.00

House, gluten free & vegan potato gnocchi, basil pesto, pine nuts, soy, fresh rocket

**PENNE AL FORNO** 28.00

Artichoke, baby spinach, spanish onion, cherry tomato, napoletana sauce topped with vegan mozzarella and baked

## **vegan pizza** 13 inch 28.00

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**VEDURE**

Napoli sauce base, grilled eggplant, mushroom, cherry tomato, spanish onion, vegan mozzarella, rocket

**SALSICCI**

Napoli sauce base, vegan sausage, mushroom, capsicum, spanish onion, oregano, vegan mozzarella

**SANTA MARIA**

Garlic butter base, Napoli sauce, cherry tomato, oregano, vegan mozzarella, rocket

**AGLIO FUNGHI**

Garlic butter base, mushroom, baby spinach, spanish onion, oregano, balsamic glaze, vegan mozzarella

**PIZZA AL PESTO**

Basil pesto base, artichoke, baby spinach, spanish onion, cherry tomato, vegan mozzarella, walnuts, rocket

*please notify your waiter of any allergies*

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ADDED INGREDIENTS: VEGETABLES + 3 / EXTRA VEGAN CHEESE + 4 GLUTEN FREE 11 INCH PIZZA BASE + 4.5

# marina lunga *pasta*



## FETTUCCINE

### ARRABIATA

Smoked bacon, napoletana sauce, chilli

### VEGETARIANA

Seasonal vegetables, garlic, napoletana sauce

### BOLOGNESE

Housemade beef & veal ragu, tomato, garlic, herbs

### NAPOLITANA

Housemade tomato sauce, garlic, herbs

### SICILIANA

Fresh roasted eggplant, napoletana sauce

### CHILLI PRAWN

Seared prawns, chilli, garlic, napoletana sauce

### BOSCAIOLA

Ham off the bone, mushroom, cream, parmesan

### PESTO

Basil pesto, cream, grana padano, pine nuts

### CARBONARA

Smoked bacon, cream, egg, parmesan

### AL POLLO

Grilled chicken, mushroom, sundried tomato, rose' sauce (tomato + cream)

### CHILLI MUSSELS

Kinkawooka black mussels, chilli, garlic, napoletana sauce

### GARLIC PRAWN

Seared garlic prawns, cherry tomato, rose' sauce (tomato + cream)

### MARINARA

Fish, prawns, calamari, mussels, garlic, napoletana sauce



## SPAGHETTI



## PENNE

26.00

27.00

26.00

22.00

25.00

29.00

26.00

25.00

26.00

27.00

28.00

29.00

32.00

HOUSE RICOTTA GNOCCHI + 5  
GLUTEN FREE + VEGAN POTATO GNOCCHI + 5  
BEEF RAVIOLI + 4  
GLUTEN FREE PENNE + 4

## *risotto*

### RISOTTO POLLO E FUNGHI

28.00

Grilled chicken, mushroom, arborio rice, cream, grana padano

### RISOTTO MARINARA

32.00

Fish, prawns, calamari, mussels, garlic, napoletana sauce, arborio rice

## *al forno*

### SICILIAN LASAGNE

27.00

Bolognese ragu, layered pasta, bechamel, mozzarella

### SPINACH & RICOTTA CANELLONI

28.00

Ricotta, spinach, napoletana sauce, mozzarella

### GNOCCHI SORENTINA

32.00

Smoked bacon, mushroom, cherry tomato, napoletana sauce. Topped with mozzarella & baked

## *pollo & vitello - secondi*

served with your choice of salad or seasonal vegetables  
ADD \$6 to the listed price when selecting veal

### PIZZIAIOLA

30.00

Black olive, oregano, napoletana sauce

### BOSCAIOLA

31.00

Ham, mushroom, cream sauce

### PARMIAGIANNA

32.00

eggplant, mozzarella, napoletana sauce

### SALTIMBOCCA

32.00

Ham, mozzarella, napoletana sauce

### AL LIMONE

30.00

Lemon, white wine, garlic, parsley

### CACCIATORE

30.00

Mushroom, white wine, napoletana sauce

### FUNGHI

31.00

Mushroom, garlic, white wine, cream sauce

### FRUTTI DI MARE

39.00

Mussels, fish, prawns, calamari, cream sauce

*please notify your waiter of any allergies*

ADDED INGREDIENTS: VEG + 3 / CHEESE + 4 / MEAT + 5 / ANCHOVY + 3 / PRAWNS + 6

# marina lunga

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## ***pizza traditional***

13 inch 25.00

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### **MARGHERITA**

House tomato pizza sauce, mozzarella, oregano

### **HAM & PINEAPPLE**

Ham off the bone, pineapple, house tomato pizza sauce, mozzarella

### **VEGETARIANA**

Mushroom, onion, capsicum, pineapple, black olives, house tomato pizza sauce, mozzarella

### **PEPPERONI**

Sicilian style spicy pepperoni, house tomato pizza sauce, mozzarella

### **MEXICANA**

Sicilian style spicy pepperoni, house tomato pizza sauce, capsicum, onion, mozzarella

### **NAPOLITANA**

House tomato pizza sauce, anchovies, black olives, mozzarella

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## ***pizza gourmet***

13 inch 27.00

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### **MARINA LUNGA SPECIAL**

Ham off the bone, mushroom, capsicum, onion, pineapple, black olive, chorizo, house tomato pizza sauce, mozzarella

### **POLLO ITALIANO**

Garlic chicken, cherry tomato, capsicum, black olives, house tomato pizza sauce, mozzarella

### **MEDITERRANEAN**

Chorizo, feta, onion, black olives, oregano, house tomato pizza sauce, mozzarella, fresh rocket

### **CARNE**

Ham off the bone, sicilian spicy pepperoni, chorizo, smoked bacon, house tomato pizza sauce, mozzarella

### **GAMBERONI**

Garlic marinated prawns, baby spinach, spanish onion, house tomato pizza sauce, mozzarella

### **PROSCIUTTO**

Cherry tomato, house tomato pizza sauce, mozzarella, prosciutto, grana padano, fresh rocket

### **CAPRICIOSA**

Ham off the bone, mushroom, black olives, anchovies, house tomato sauce, mozzarella

### **DI PATATE**

Garlic butter base, sliced potato, provolone, mozzarella, rosemary

### **QUATTRO FORMAGGI**

Provolone, bocconcini, grana padano, mozzarella, house tomato pizza sauce

### **4 SEASONS**

Ham off the bone, mushroom, capsicum, prawns, house tomato pizza sauce, mozzarella

### **BBQ POLLO**

Grilled chicken, mushroom, onion, bbq sauce, mozzarella

### **NO #1**

Grilled chicken, mushroom, sundried tomato, house tomato pizza sauce, mozzarella

### **NO #2**

Smoked salmon, artichoke, spanish onion, house tomato pizza sauce, mozzarella

### **NO #3**

Eggplant, sundried tomato, asparagus, capsicum, onion, house tomato pizza sauce, mozzarella

### **NO #4**

Smoked bacon, bocconcini, basil, peas, house tomato pizza sauce, mozzarella

### **MARINARA**

Smoked salmon, prawns, anchovies, house tomato pizza sauce, mozzarella

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ADDED INGREDIENTS: VEG + 3 / CHEESE + 4 / MEAT + 5 / ANCHOVY + 3 / PRAWNS + 6  
HALF & HALF PIZZA + 2 GLUTEN FREE 11 INCH PIZZA BASE + 4.5

# marina lunga

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## white wine

### *by the glass or bottle*

**TORESELLA, PINOT GRIGIO ITALY - 16 / 44**

A slightly dry, well balanced wine with floral notes

**MATO BAY, SAUVIGNON BLANC NZ - 17 / 45**

Clean, crisp & vibrant. A classic Marlborough Sav Blanc

**ANNIE'S LANE CHARDONNAY AUS - 17 / 48**

A complex lengthy flavour of citrus and melon

**TORESELLA,  
ROSE' PINOT GRIGIO ITALY - 16 / 44**

A classic Pinot Grigio with a hint of mellow red fruits

### *by the bottle*

**MARLBOROUGH SOUNDS, SAV BLANC NZ - 48**

Refreshing, clean notes of lemon and passionfruit

**TOLLEY, REISLING AUS - 46**

A natural acidity with deep full flavour

**ZONIN, MOSCATO ITALY - 44**

A pristine, well balanced spritzzy wine

**ZONIN, PROSECCO ITALY - 18 / 49**

A tradional celebration spritz, crisp and fresh in taste

## red wine

### *by the glass or bottle*

**BORG SANLEO, NERO DAVOLA ITALY - 16 / 44**

A native Sicilian wine with a sweet aroma of cherry and spice

**GRANT BURGE, SHIRAZ AUS - 14 / 42**

Well balanced and smooth, the perfect parcel of South Australia

**ZONIN, MONTEPULCIANO ITALY - 17 / 45**

Smooth, full bodied with a persistent flavour

### *by the bottle*

**BORG SANLEO, SANGIOVESE ITALY - 46**

100% Sangiovese grapes with a pleasant wild berry aroma

**CHAPEL HILL, CABERNET SAUVIGNON AUS - 52**

An opulent, alluring wine with notes of liquorice and mulberry

**TAYLORS, SHIRAZ AUS - 46**

A Full and spicy wine matured in American Oak.

## beer

**PERONI, ITALY / 10**

**PERONI LEGERRA, 3.5% ITALY / 9**

**MENEBREA, ITALY / 12**

**LITTLE CREATURES, PALE ALE AUS / 12**

**CORONA, MEXICO / 10**

**HEINEKEN, NETHERLANDS / 10**

## spirits

**GORDONS GIN / 10**

**MIDORI / 10**

**JACK DANIELS WHISKEY / 10**

**BUNDABERG RUM / 10**

**JIM BEAM BOURBON / 10**

**SMIRNOFF VODKA / 10**

**BAILEYS / 10**

**TIA MARIA / 10**

**JOHNNY WALKER RED / 10**

**JOHNNY WALKER BLACK / 12**

**FRANGELICO / 10**

**LIMONCELLO / 9**

**MIXED DRINKS + 2**

## cocktail italiano

**AMALFI / 19** Gin, fever tree berry tonic, fresh berries

**SICILIAN MOJITO / 19** Bicardi, soda, cucumber, lime, mint

**SGROPPINO / 20** Lemon sorbet, vodka, fresh lemonade, mint

**CALABRIA SPRITZ / 17** Sparkling wine, blood orange, bitters, lemon

**NEGRONI / 20** Campari, gin, vermouth

**APEROL SPRITZ / 18** The perfect Italian aperitivo

## mocktails

**MILANIA / 12** Watermelon, fresh lemonade, orange, mint, lime

**KATALINA / 12** Mango, fresh lemonade, pineapple, mint, lemon

## soda

**COKE, DIET COKE, NO SUGAR, SPRITE, FANTA, LIFT / 4**

**ORANGE, APPLE, APPLE BLACK CURRENT / 4**

**SAN PELLEGRINO SPARKLING WATER 500ML / 6.5**

**AQUA PANNA STILL WATER 500ML / 6.5**

# marina lunga *dolci*

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## TRADITIONAL TIRAMISU 11

Espresso soaked biscuit, marscapone cream, liqueur

## AFFOGATO 10

Espresso, vanilla gelato, biscotti

## AFFOGATO + FRANGELICO 16

## COCOA CALZONE - VEGAN 14

Vegan nutella filled calzone (3)

## *beverage*

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## LATTE, FLAT WHITE, CAPPUCCINO 4

Full cream or soy

## ESPRESSO, MACCHIATO 3.5

## HOT CHOCOLATE, CHAI 4

## NUTELLA PIZZA 18

Traditional pizza base, nutella, icing sugar, gelato

## ARTISAN GELATI 5 / 8 / 11

Please see display or favours

## WOODFIRED APPLE CRUMBLE 14

Apple & cinnamon crumble, vanilla gelato

## *digestivo*

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## FRANGELICO 10

## LIMONCELLO 9